

Assam University Silchar

NSS (Skill Based Courses) at UG Level

Rationale

This course is an orientation for the social work about the National Service Scheme and its significance in personality development through community work. Students are introduced to the scope of the NSS in rural areas and slums. levels and contexts of intervention, the range of theory and knowledge that informs community engagement, and the code of ethics that guides volunteerism among students.

The NSS subject will be offered in the undergraduate programmes of Assam University Silchar as skill-based courses with two courses with the following objectives:

- To enable NSS volunteers at the undergraduate level to acquire awareness of the tradition of volunteerism in Indian context and emergence of NSS
- To develop an understanding of the volunteerism and goals of National Service Scheme.
- To equip NSS volunteers with some necessary skills to volunteer better.
- To develop an understanding of the tools of community mobilization to address community problems.

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Syllabus of NSS (Skill Based Courses) at UG Level

Course Code : VAC 101

Course Name : Introduction to National Service Scheme

Objectives : The main objectives of this course are:

1. To help learners know about NSS in the context of youth, community and voluntary service.
2. To appreciate the importance of volunteerism for community development
3. To promote community engagement activities in the rural areas.

Credit : 2

Outcome : Learners will have the knowledge about NSS and its role in the fields of community engagement to address the community problems.

Unit	Contents	L	F
1.	Introduction and Basic concepts of NSS: History, Philosophy, aims & objectives of NSS, Emblem, flag, motto, song, badge etc. Organizational structure, roles and responsibilities of various NSS functionaries	2	0
2.	NSS programmes and Activities : Concept of regular activities, special camping, Day camps; Basic of adoption of Village/ slums, methodology of conducting survey; Financial pattern of the scheme ; Other youth programme/schemes of GOI; Coordination with different agencies Maintenance of the Diary	3	0
3.	Understanding Youth : Definition, profile of youth, categories of youth; Issues, challenges and opportunities for youth ; Youth as an agent of social change	2	5
4.	Community Mobilisation : Mapping of community stakeholders; Designing the message in the context of the problem and the culture of the community; Identifying methods of mobilisation; Youth-adult partnership	2	5
5.	Volunteerism and Shramdan: Indian Tradition of volunteerism; Needs & importance of volunteerism; Motivation and Constraints of Volunteerism; <i>Shramdan</i> as a part of volunteerism	2	12

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L = Lecture

F = Field Activities

Total Lectures: **11**

Project: 22 hours of community/volunteer work promoting the issues as mentioned in Units 3, 4 and

5. *The internal assessment will be based on the project.*

Suggested Readings:

1. NSS Manual
2. National Youth Policy Document
3. National Service Scheme - A Youth Volunteers Programme For Under Graduate Students As Per UGC Guidelines by J D S Panwar, A K Jain & B K Rathi (Astral)
4. Communication Skills by N Rao & R P Das (HPH)
5. Light on Yoga by B K Iyenger (Thorsons)

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Syllabus of NSS (Skill Based Course) at UG Level

Course Code : VAC 151

Course Name : Youth and National Integration

Objectives : The main objectives of this course are:

1. To help learners know about role of youth in National integration
2. To develop life competencies among Youth.
3. To learn documentation and reporting.

Credit : 2

Outcome : Learners will learn to appreciate the concerns regarding the environment. They will have the background information to start a venture. They will also be able to prepare a socio-economic development plan.

Course Title	Youth and National Integration
Course Code	604 (B)
Semester	6 th
Credits	6

Rationale

This course is an orientation for the social work students about the role of youth in building national integration. Students are introduced to the various rights, responsibilities towards nation building. The students are introduced with the life competencies needed for the youth, National policy on youth and various programmes of youth development.

Objectives

- To acquire awareness of the fundamental rights and duties
- To acquire awareness on various programmes relating youth development.
- To develop an understanding of the role youth in national integration and nation building.
- To develop an understanding of the tools of environmental conservation.

Unit	Contents	L	F
1.	Citizenship: Basic Features of Constitution of India; Fundamental Rights and Duties; Human Rights; Consumer awareness and the legal rights of the consumer; Right to Information (RTI)	2	0
2.	Importance and Role of Youth Leadership Meaning and types of leadership; Qualities of good leaders: traits of		

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	leadership; Importance and role of youth leadership; Development of life competencies among Youth; Communication; Problem Solving and decision-making	3	0
3.	Social Harmony and National Integration: Indian history and culture Role of youth in peace-building and conflict resolution; Interpersonal relationships; Role of youth in Nation building	2	5
4.	Youth Development programmes in India: Youth related problems; National Youth Policy; Youth development programmes at the National Level, State Level and voluntary sector; Youth-focused and Youth-led organizations; Yoga as a tool for healthy lifestyle	2	5
5.	Environment Issues: Environment conservation, enrichment and sustainability; Climate change; Natural resources (Rain water harvesting, energy conservation, waste land development, soil Conservations and afforestation; Disaster Management; Role of NSS Volunteers in Disaster Management	2	12

L = Lecture

F = Field Activities

Total Lectures: **11**

Project: Developing a socio-economic development plan for a selected locality requiring at least **22hours** of work. *The internal assessment will be based on the document that is prepared.*

Suggested Readings:

1. Biodiversity, Environment and Disaster Management by Shamna Hussain (Unique Publishers)
2. Environmental Studies by P K Pandey (Mahaveer Publications)
3. Fundamentals of Entrepreneurship by H Nandan (PHI)
4. Guide to Report Writing by Michael Netzley and Craig Snow (Pearson)